

# Mini Vision



## THE YOUNG ME SUFFERERS TRUST AWARDED MBE

### OUR RESEARCH SHOWS PERSISTENT INFECTION

### TRUST CELEBRATES 21st BIRTHDAY

What a momentous year 2010 is turning out to be! We hope you enjoy this photographic 'special'.



If you receive our monthly email Alerts, you will know that the Trust has been given a great honour; the Queen's Award for Voluntary Service : the MBE for volunteer groups. We attended the Queen's Garden Party at Buckingham Palace, and in August, Lord Petre, Lord Lieutenant of Essex, presented us with a commemorative crystal and certificate signed by the Queen. This event at Ingatestone Hall, Lord Petre's ancestral home, was attended by Sir John and Lady Carter, together with Trustees, volunteers and local families whom we have helped.

This summer we turned 21 years old, making us the longest established support organisation for children with ME and their families. Whilst ME is a horrible illness, it is certainly worth celebrating 21 years of people supporting one another. To mark the occasion, Jane

gave a talk on viruses to an audience at Colchester.

And now the pioneering research that the Trust proposed and funded with ME Research UK is out. Our funds were raised by the 2001 Odyssey, a marathon solo horse-ride on a racing stallion from Lulworth Cove, Devon, to Scotland, culminating in a procession up the Royal Mile, Edinburgh. (Jane still recalls the fun and games she had getting permission for that!)

After many difficulties, the study is now published and the results are - that word again - momentous. Children with CFS/ME show evidence of persistent infection in their bodies. Email us via the Contact Us form at [www.tymestrust.org](http://www.tymestrust.org) for full details.

Kindest regards,  
Keith Harley  
Chair of Trustees



# The Queen's Award for Voluntary Service

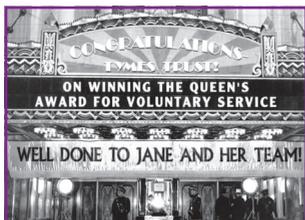
## *The MBE for volunteer groups*



*Lord Petre, Lord Lieutenant of Essex, read the Queen's decree and presented the commemorative crystal to Executive Director Jane Colby*



*Guests enjoyed afternoon tea at Ingatestone Hall*



*Jane read out a congratulations card from 8 year old William Dean*

*Web designer Mark Colby, Lord Petre, Sir John and Lady Carter*

*Volunteer Anita Williams with her daughter Isabella*





*Lisa Dabson, who proposed the Trust for the Award, with her daughter Shannen and Jane Colby; Lisa wrote about the Trust's work and how we had helped her family*



*Jane Colby with Dhruv Patel, CEO of the Nisai Virtual Academy*



*Jenna Rogers with Lord Petre; Vivienne and Jeanette Mills of the Colchester ME Group, a Tymes Trust Partner Group*

See MiniVision in full colour at [www.tymestrust.org/tymesmagazine.htm](http://www.tymestrust.org/tymesmagazine.htm)

## Double Birthday

Vivienne at the Colchester ME Group lecture, with Jane and the celebration cakes. They are 20, almost as old as us (not the cakes...!)



*Advice Line Team member Jenna Rogers with her father and Trustee Margaret Ross*



## 2010 Learning Commitment Awards

The Young ME Sufferers Trust and Nisai Virtual Academy work in partnership to enable young people with ME to achieve good qualifications studying at home; the GCSE and A Level results have been stunning. To recognise the great effort of those taking part, we created the Learning Commitment Awards. We are delighted that some of you were well enough to attend a presentation at the House of Lords on ME Awareness Day; parents collected the Awards for those who were unable to come.



*Host Lord Clement-Jones CBE addresses 135 guests*



*Display of Trust members' poetry and art*



*A recording of Lady Elizabeth Anson's presentation speech was given to all the winners*



*Chair Keith Harley with Earl Howe, Health Minister and Trust Patron, Executive Director Jane Colby and Trust Founder Patron Lord Clement-Jones*



*Parents : could you be a friendly voice on the telephone for two hours a week? Please call 0845 003 9002.*